WABA Course Standards – 2021.11.02

1. What are WABA Courses? Worldwide Aquatic Bodywork Association (WABA) officially approves course offerings for professional certification as Practitioners, Assistants, and Instructors of Watsu and related Aquatic Bodywork forms. Approved WABA courses adhere to internationally accepted standards for professional excellence and follow the WABA Teaching Philosophy and Code of Ethics. WABA Course descriptions, current offerings, and student transcripts are listed in the WABA Registry.

1.1 Core Courses are required for all students in a certification program. For example, Watsu 1, Watsu 2, and Watsu 3 are required for Watsu Practitioner Certification.

1.2 Elective Courses can optionally be taken to fulfill elective hours in a certification program. Table 1 lists approved electives for Watsu Practitioner Certification.

1.3 Supplemental Courses are offered by WABA Instructors, typically at Training Institutes (TIs), and may include additional TI-specific requirements for Watsu certification curriculum, specialized offerings unique to a TI's Program, or required classes for certification in other Aquatic Bodywork forms.

2. WABA Course Approval Process. WABA Certified Instructors or TIs may submit a New Course Application to WABA Educational Standards Advisory Committee (ESAC) to seek approval of a **Supplemental Class** offered through a TI, or approval of an **Elective Class** for the Watsu certification program.

2.1 New Supplemental Course Applications. submit the following to ESAC: A) Application Overview (TI, name, contact, course name, prerequisites, mentor Instructors, number of times taught); B) Course Description, C) Teaching Approach (objectives, methods, philosophy).

2.2 Elective Requirements Typically, electives are first taught and developed as Supplemental Courses offered in water at least 6 times with classes registered on the WABA Registry. All electives must have sponsorship from at least one other WABA Instructor.

2.3 New Elective Course Applications. submit the following to ESAC: A) Application Overview (TI, name, contact, course name, prerequisites, sponsors, Instructors, number of times taught); B) Course Description, C) Manual; D) Evaluation Forms; E) Teaching Approach (objectives, methods, philosophy); F) Other Supporting Information, such as Instructor experience, evaluations, recommendations, or videos. ESAC reviews new course applications on a case-by-case basis. WABA Board of Directors (BD) provides final approval based on ESAC review.

2.4 Elective Course Instructor Training. Instructors or TIs authorized to teach Elective Courses may train and authorize additional Instructors based on Training Requirements submitted to ESAC and approved by BD.

3. Course Names: Each WABA course must have a short descriptive name approved with review by ESAC and approval by WABA BD. WABA retains rights to all Watsu course names, designates specific Instructors to manage names for electives, specialized versions of core courses, and supplemental courses, as provided below, and mediates any naming conflicts that may arise.

3.1 Watsu Reserved Names. The following names are reserved for use as official names of Watsu® core courses: Watsu Basic, Watsu 1, Watsu Transition Flow, Watsu 2, Watsu 3, All Instructors are authorized to add names "Transition Flow", "Expanded Flow", and "Free Flow" for core courses they offer: Watsu 1 Transition Flow, Watsu 2 Expanded Flow, Watsu 3 Free Flow. Adding other names, such as "Adapted", "Clinical", or "Medical" is limited to specifically approved Instructors. Watsu Round is also a reserved name.

3.2 Watsu Elective Course Names. Authorization to use a specific name for a Watsu Elective Course is approved at the time the elective course itself is approved. Instructors may request modification of their elective course names. In special cases authorization to use a course name may be revoked by ESAC/BD based upon non-use, changing course offerings or conflicts, and changing WABA institutional needs. Once a class is approved as a WABA elective, the original applicant retains rights to use the specific name. WABA grants that Instructor or TI right to use of the name, and to authorize others to use the specific name following ESAC/BD approved Instructor Training criteria.

3.3 TI Supplemental Course Names. Authorization to use names for TI Supplemental Courses is decided by the TI in conjunction with course Instructor(s), provided there is no conflict with names of Watsu core curriculum, elective courses, trademarked names, or WABA reserved names. TIs are responsible for notifying ESAC/BD and WABA Registry of current TI Supplemental Course names and authorized Instructors. TIs or authorized Instructors may request modification of TI Supplemental Course names. In special cases authorization to use a course name may be revoked by ESAC/BD based upon non-use, changing course offerings or conflicts, and changing WABA institutional needs. Once the class names is adopted by a TI, the original applicant retains rights to use the specific name on the continent where the TI is located, unless there is a conflict with other WABA names. WABA grants that Instructor or TI to use the name, to authorize others to use the specific name, and to develop criteria for granting this authorization.

3.4 Trademark/Servicemark Names. Trademark/Servicemark names, WATSU®, AMNION®, AQUATERNATIVES®, AQUATHERICS®, AQUATIC INTEGRATION®, HEALING DANCE®, and OBA®, WOGA® [not comprehensive list], may only be used with permission from trademark/servicemark owner or authorized agent. In the case of WATSU®, owner Calias Dull has granted use to authorized Practitioners, Assistants, Instructors, TIs, and Courses through WABA.

3.5 Watsu Reserved Name. Watsu Elective Courses and TI Supplemental Courses, may use the name Watsu®

3.6 Adapted Reserved Name. WABA reserves "Adapted" as a name to describe courses that adapt Aquatic Bodywork moves for special needs. For Watsu 2 and Watsu 3, as well as for other forms of Aquatic Bodywork adapted for special needs, Instructors can apply to be

authorized to add "Adapted" on a case-by-case basis, with review by ESAC and approval by BD.

3.7 Clinical and Medical Reserved Names. WABA reserves "Clinical" and "Medical" as names for use by medically trained Instructors, including medical doctors, osteopaths, chiropractors, physical therapists, occupational therapists, and other highly trained medical professionals, to describe courses with a clinical or medical focus. Use of the names "Clinical' and Medical" is authorized on a case-by-case basis for WABA Core Courses, Electives, and Supplemental Courses, with review by ESAC and approval by BD.

3.8 Approving Additional Reserved Names. Approval of additional reserved names is approved on a case-by-case basis for WABA Core Courses, Electives, and Supplemental Courses, with review by ESAC and approval by BD.