WABA EUROPEAN ASSISTANTS AND INSTRUCTORS CONFERENCE, ITALY 2024, SARDARA (SARDINIA) MONDAY & TUESDAY 7-8.10.24

AGENDA

WABA Instructor & Assistant Conference

from Monday 7th October (8:45 am) to Tuesday 8th October (5 pm)

Organizer	Watsu Italia Team
Facilitator	Inigo R. Echevarria (Spain)
Participants	See separate list (about 40 anticipated)
Monday 7th October	
07.30-08.30 am	**Breakfast**
08.45-09.30 am	**Land opening circle with Hearth Chakra Meditation** (Keli)
10.00 am	**Land Opening circle**: greetings from Gilberto Pagani (Watsu Italia Chairman) and Prashant C.G. (WABA co-Chair), guidelines about the Conference (Inigo) and introductions (1 minute per person)
11.00 – 12.45 am	**General Info's** (up to some minutes each) – details below
1.00 – 2.00 pm	**Lunch**
2.30 – 3.00 pm	**Working group set up**: the below 6 topics for small group discussions (5/6+people/group, appoint record keeper in each group for later presentation)
3.00 – 4.30 pm	**Breakout groups:** work session
4.30 – 4.50 pm	**Focus** exercise (Inigo)

5.00 – 7.00 pm	**International Question Time** with WABA Board and ESAC on Zoom – General Zoom online discussion only about topic on agenda
7.10 – 7.50 pm	**How much do you know about the Registry (WABR).** Question time about how to manage classes and students on it?
8.00 pm	**Dinner**
9.00 pm	**Free evening**

Tuesday 8th October	
7.30 – 8.30 am	**Breakfast**
8.45 – 9.45 am	**Morning circle** (1 minute check-in, 40 participants)
9.45 – 10.00 am	**Energizer** exercise (Inigo)
10.00 – 10.30 am	**Working groups** (consolidate ideas and prepare presentations)
10.30 – 11.30 am	**Working group presentations** (10-20 minutes each depending on the 6 groups) and general discussion and votes
11.30 – 11.50 am	**Harmony** exercise (Inigo)
11.50am – 12.50 pm	**Working group presentations** (10-20 minutes each depending on the 6 groups) and general discussion and votes
1.00 – 2.00 pm	**Lunch**
2.30 – 4.00 pm	**Concerns arising;** Conclusions to be submitted to ESAC and Board and Action plans
4.00 – 5.00 pm	**Closing circle**

GENERAL INFO'S & COMMUNICATIONS about already past discussed topics (some minutes each)

- WABA Electronic General Assembly held in September 2024 (*Moti, 7'*)
- Update GDPR (*Gianni, 5'*)
- WABA website with FAQ (www.waba.pro) (*Prashant, 8'*)
- Watsu Round specifications of mentoring *(Keli, 5'*)
- New and present Registry (*Prashant+Gianni, 10'*)
- Watsu World Week (*Roman, 5'*)
- Set up of scientific committee and restore of PR & Marketing committee (*Moti+Prashant, 12'*)
- Search for a new auditor *(Jacky, 3'*)
- Update TI agreement (*Keli, 3'*) and

  how to proceed when organizing/teaching in a country where there is an established training institute already operating in the country (*Keli, 5'*)
- TM protection & online ethic agreement between WABA and students (*Gianni, 5'*)
- New WABA Board for 2025. Situation and search of 2 tellers (Moti, 5')
- ESAC communications (Keli & Ruth, 30 minutes):
  - Reduced co-teaching for all W3 levels: 2 co-teachings instead of 3.
  - Practitioners (short or full program) are required to receive 6 professional sessions instead of 10.
  - Updated WIC
  - Updated Spa Provider contract
  - WABA Watsu Provider & Practitioner protocol describing "license to touch"
  - Authorized approved WS2 Instructors to validate the WS2 Demonstration of Mastery ALSO for TI provider certification

    New professional Watsu Provider contract

- Minimum number of classes taught before a Watsu 3 Senior Instructor can co-teach with another Instructor in Training at level 3: ESAC and BOARD suggested 2 classes
- **WS3 IIT:** Reducing the required classes to be co-taught from 3 to 2, (already approved by ESAC and Board)
- **TANTSU INSTRUCTOR path** to be presented and discussed
- **Instructors Path**: proposal of reducing to 2 years the waiting period before starting the process of Instructor in Training from one level to the next (level W1 to W3)

Working Groups – participants to be decided on first day (6 topics only). Names indicated below are suggested as group leader. Changes are always possible

New Topics for discussion in working groups

1. Amateur Watsu® Provider *(WABA Italia team-Gianni & Elisa Munoz Blanco*)
2. Does WABA needs a Solidarity Fund? (*Jacky & Jurgita*)
3. Goals and organization of scientific committee (*Prashant*)
4. Goals and organization of PR and Marketing committee (*Moti & Steve*)

   Get evtl. an outside company to do the social media work. (Funding required)
5. How to handle situations where students are being asked not to continue with our training for any reason and how to let the rest of instructors know about it. Possible procedures? (Chad & Zdenka ??)
6. **ESAC topics:** presenting the completely new WIC and Watsu certification documents and discuss the points below (Ruth & Keli):

   A. CEU: to include professional Supervision with Counselor, Psychologist/Psychotherapist (to discuss minimum hours: 4 or 10) water hours 25/3 years or 50/6 year for active Instructors over 70 years proposed to do CE every 6 years instead of every 3 years.

   B. Pre-requisites to become an Adapted Watsu® 3 Instructor and

   Requisites how to move from one qualification/modality of Watsu® 3 level to another W3 modality

   C. Is it ok for a SI to be the Mentor for his/her wife/husband or partner?

After brief outlines, the above may be proposed for Working Group discussion.

*Please refer to the various pdfs and official WABA guidelines and rules (**see waba.pro**) for issues that have already been defined or addressed. Only topics that were timely submitted by members and association organs can be discussed at this conference. New topic will be discussed at US conference 2025 or by Board previously, if urgent.*

Supporting pdfs that you can download on www.waba.pro (6) www.waba.pro , https://www.waba.pro/resources/

- European Instructor conference report 2022 Istanbul
- New WIC
- Watsu Round guidelines
- TI agreement
- New Watsu certification document
- Logbook 2024
- WABA Statutes and Internal rules

Supporting pdfs to be printed out for IC (5)

- New professional provider agreement
- WABA Italia proposal for amateur watsu provider
- New TANTSU INSTRUCTOR path
- New guidelines for CEU
- Suggested new edits for WIC

Not forgetting having fun and meeting up with colleagues!

THANK YOU

FOR YOUR PARTICIPATION